

ZAŠTITA ZUBI

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LABIN ZDRAVI GRAD
Poboljšanje kvalitete življenja naših sugrađana



projekt "Zaštita zubi"

AUTORICE PROJEKTA

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Eni Modrušan, Labin Zdravi Grad

TKO?

GRAD LABIN - LABIN ZDRAVI GRAD

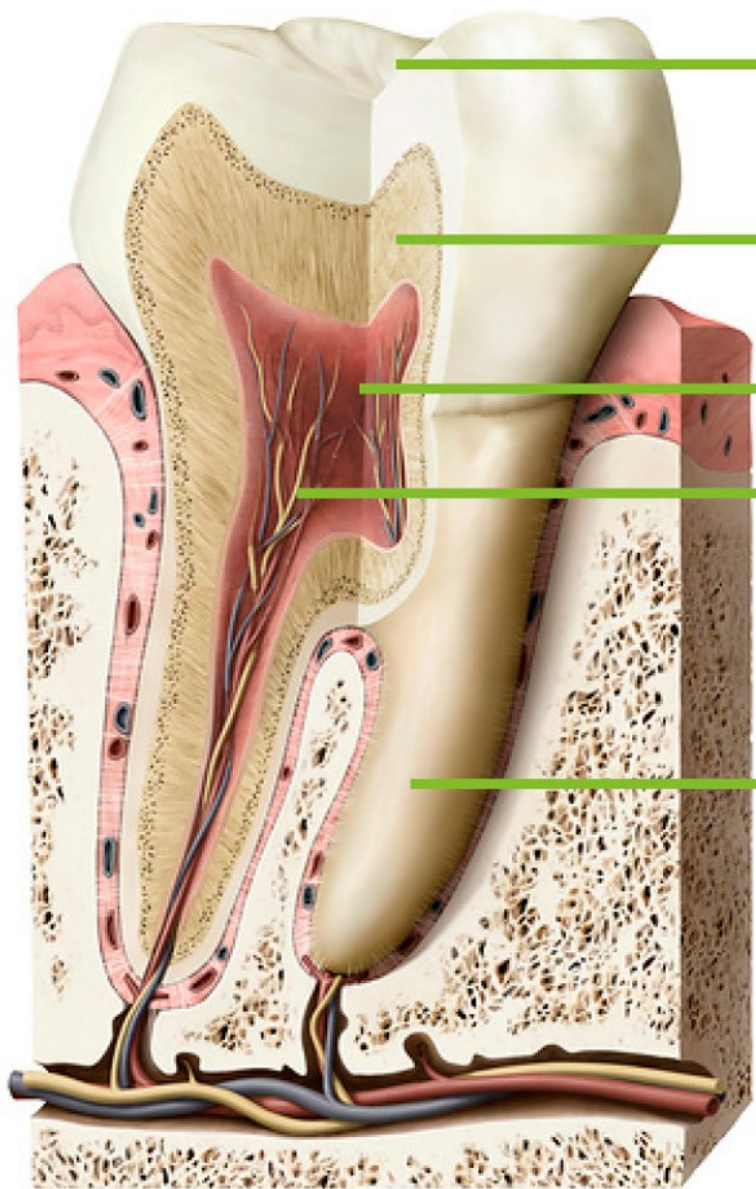
KADA?

srpanj 2007. godine

AKTIVNOSTI

1. AKTIVNOSTI ZA TRUDNICE
2. AKTIVNOSTI ZA PREDŠKOLSKU DJECU
3. AKTIVNOSTI ZA ŠKOLSKU DJECU





zubna caklina

dentin

zubna pulpa

krvne žile i živci

korijen zuba

kruna zuba

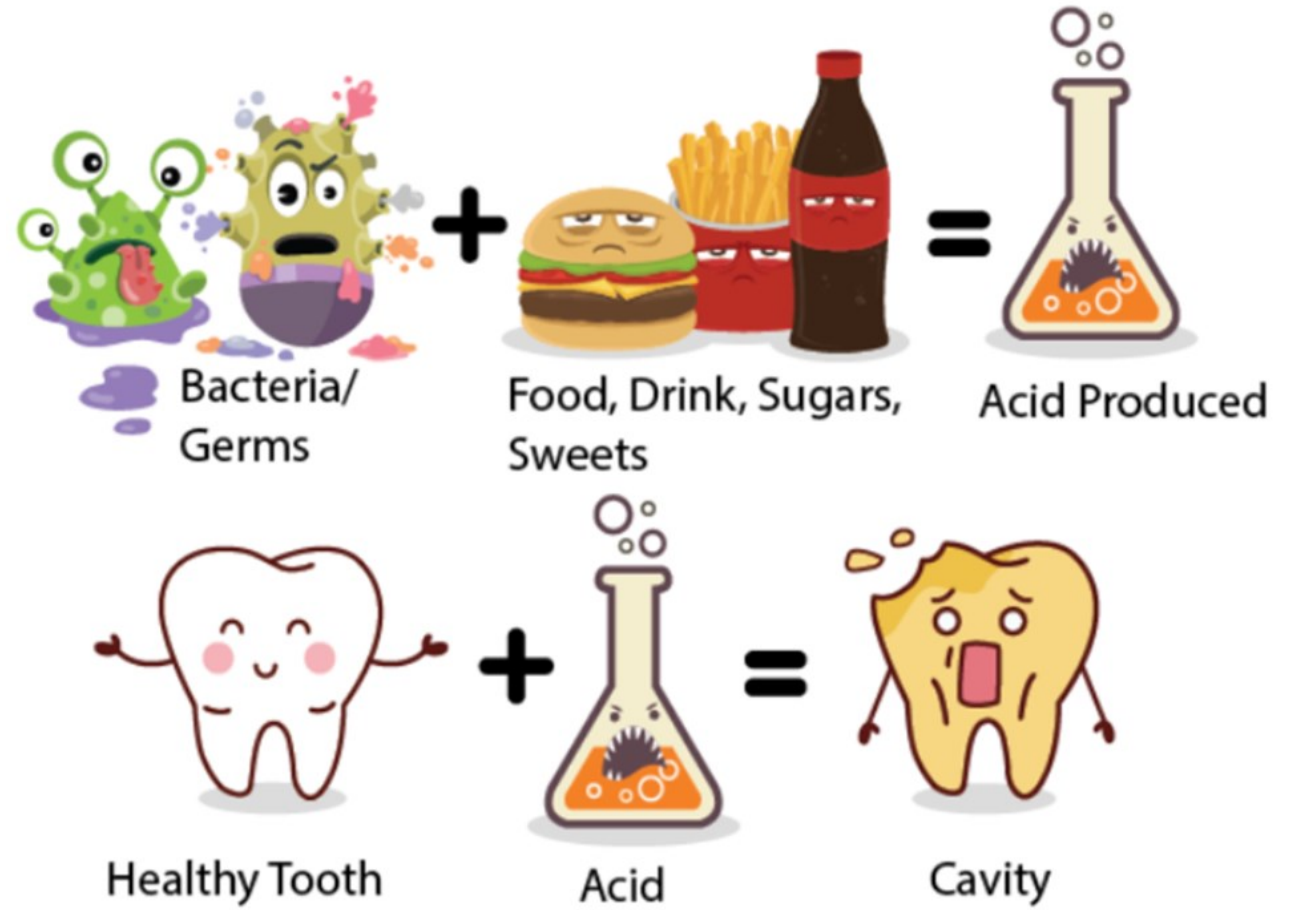
vrat zuba

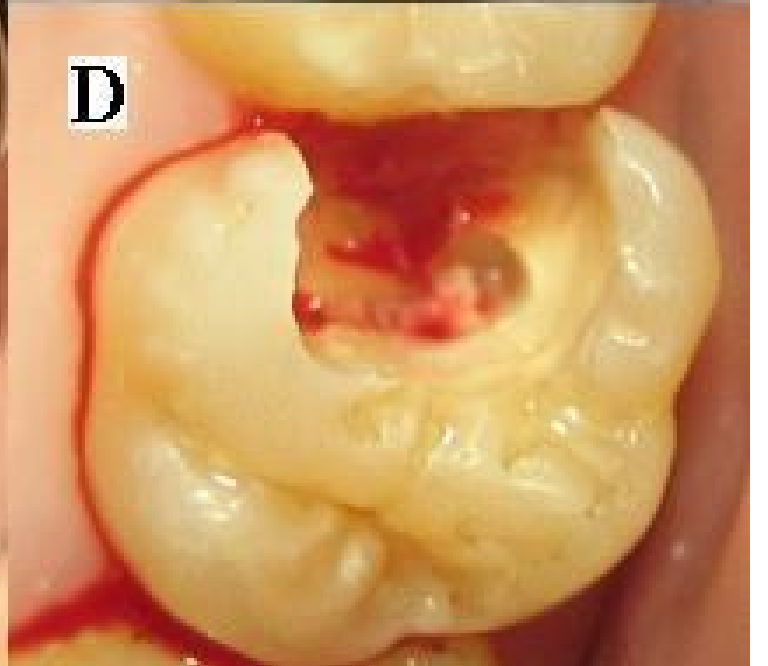
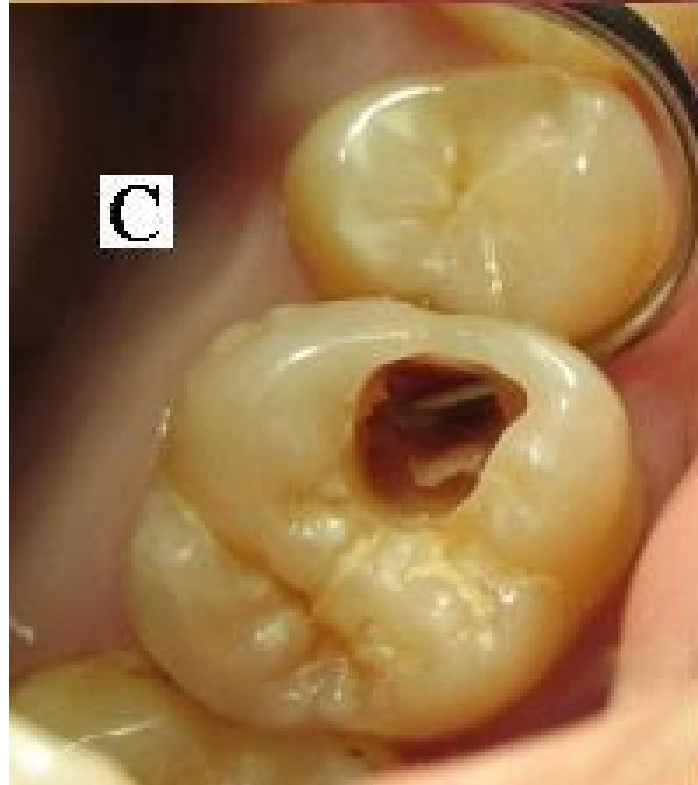
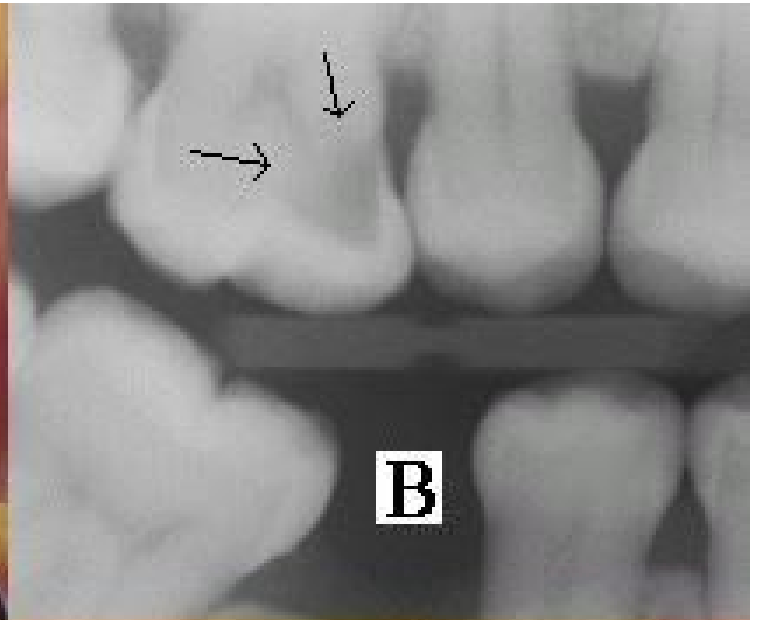
korijen zuba

Karijes



Dental Decay Process





FAZE NASTANKA ZUBNOG KARIJESA

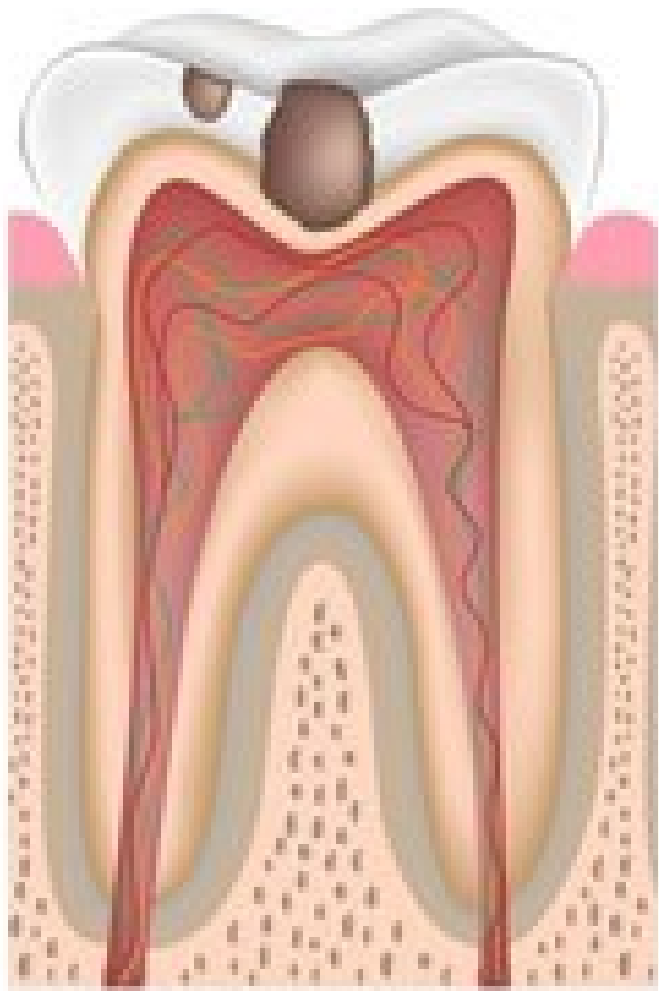


Zdrav zub s plakom

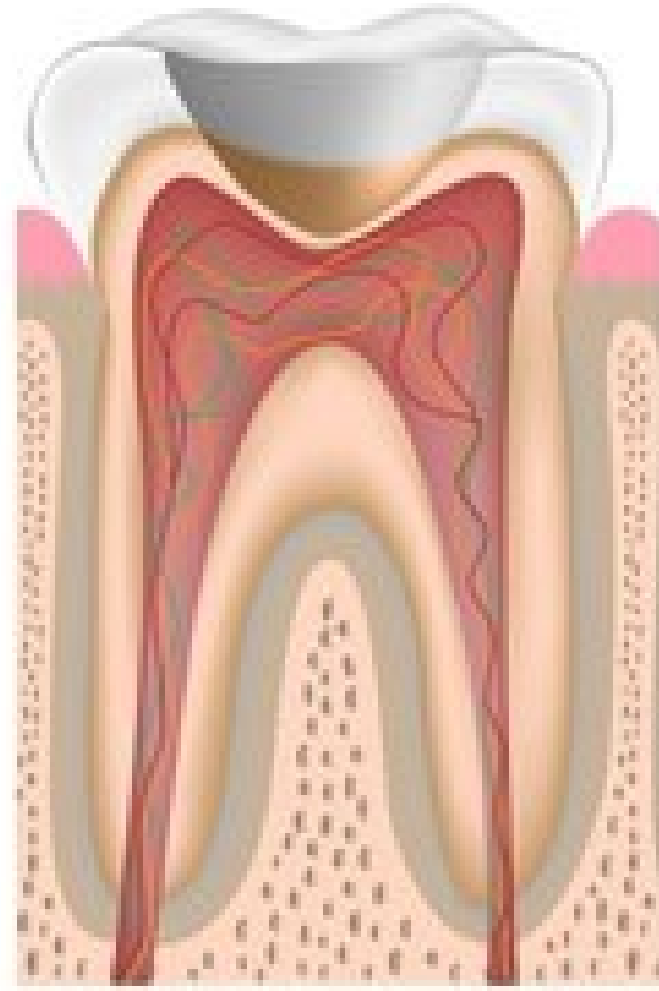
Početak nastanka karijesa

Širenje karijesa u dentin

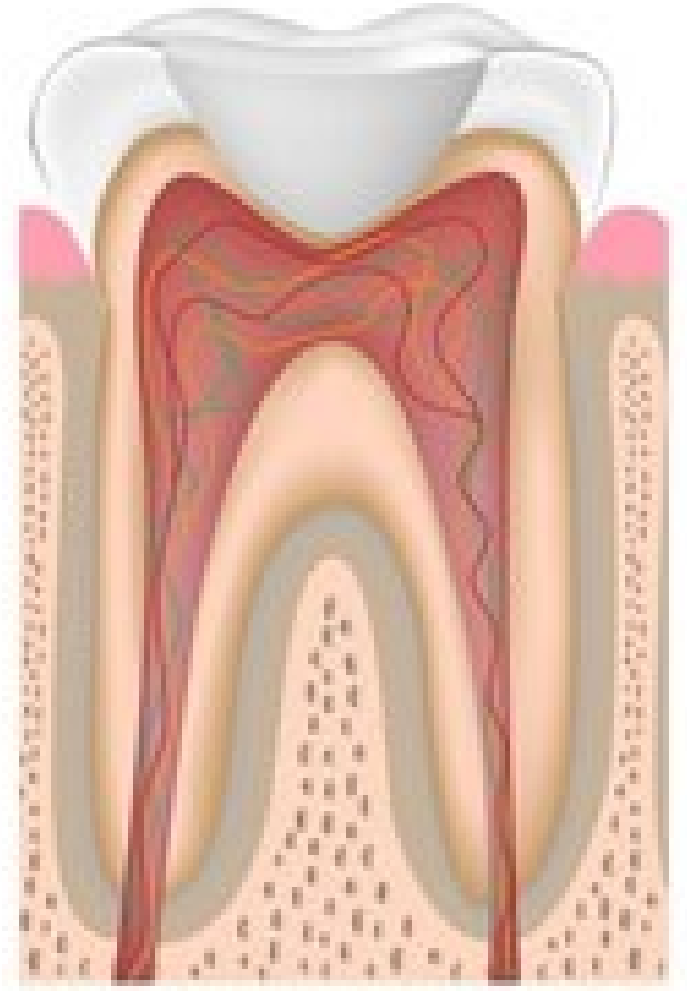
Karijes u zubnoj pulpi



Tooth decay

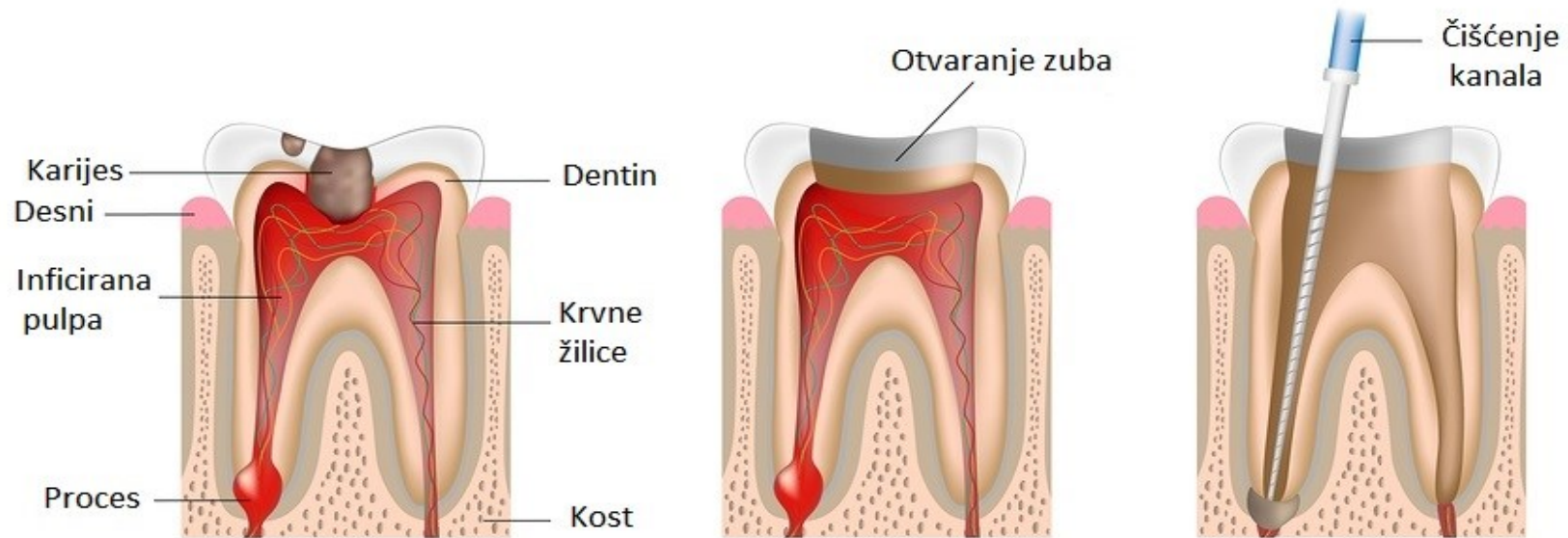


Decay removed



White filling

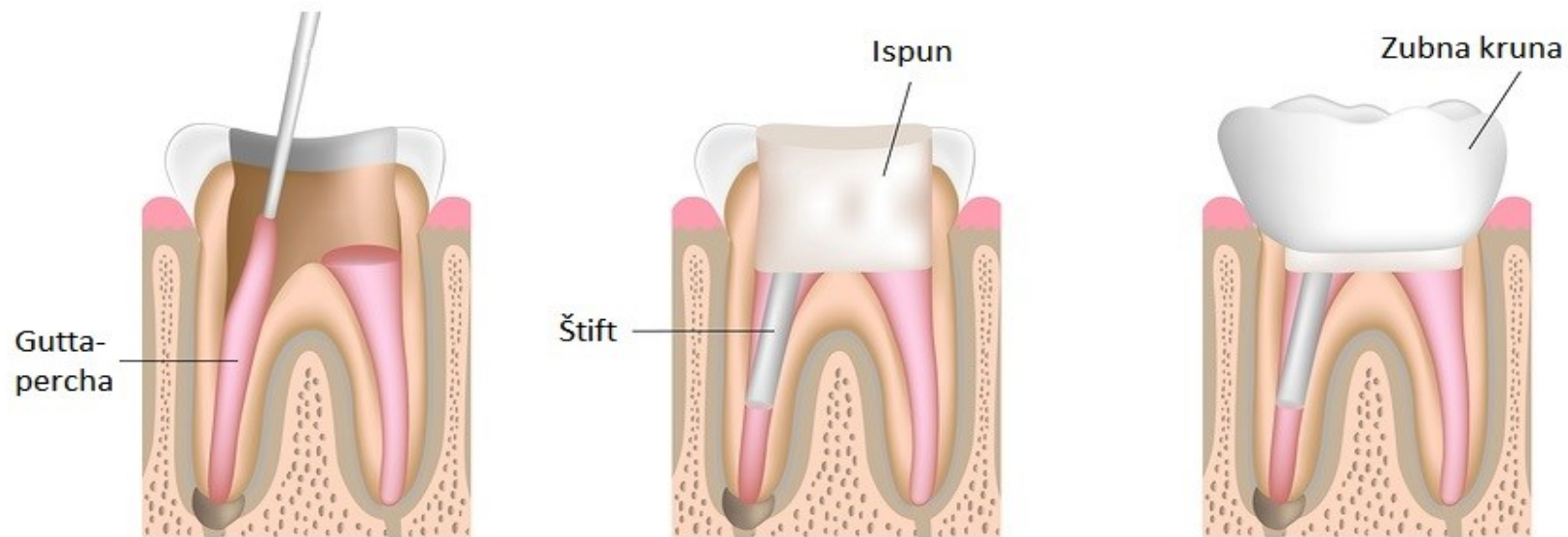
Endodontsko čišćenje i punjenje kanala zuba



Upaljen korijen

Otvoreni zub

Očišćeni kanali



Ispunjeni kanali

Zub zatvoren ispunom

Završna zubna kruna



GUM DISEASE

HEALTHY GUM



GINGIVITIS



PERIODONTITIS



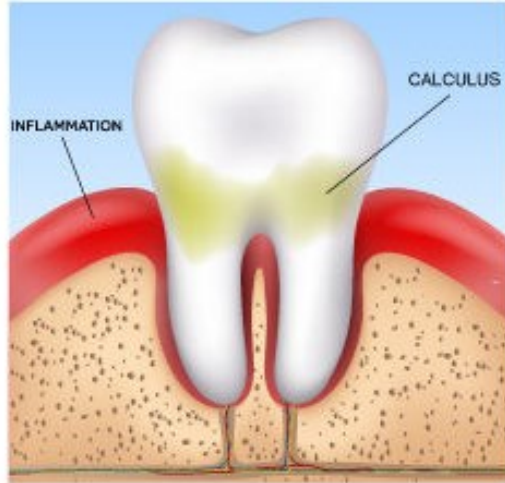
1

HEALTHY GUMS & TOOTH



2

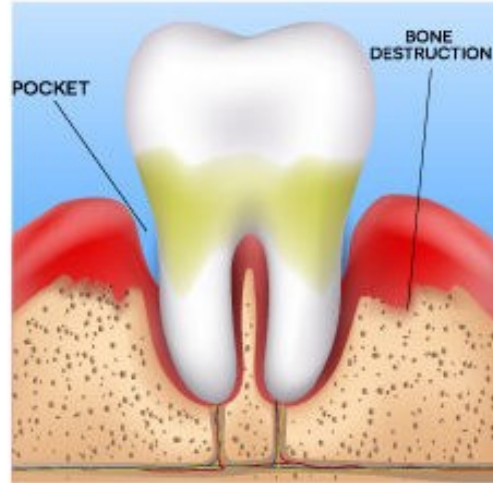
GINGIVITIS



Calculus builds up on teeth and gums are inflamed (red).

3

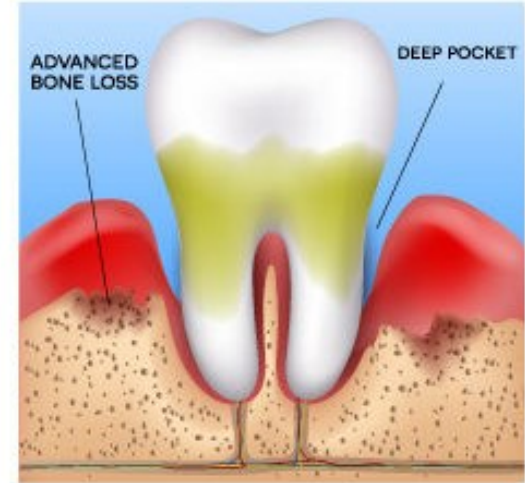
PERIODONTITIS



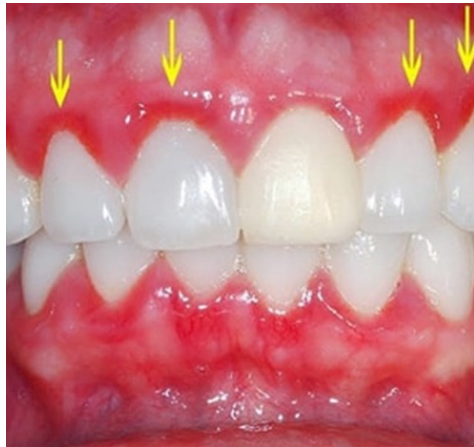
Inflammation causes gums to separate from tooth, forming pockets. Early to moderate bone loss.

4

ADVANCED PERIODONTITIS

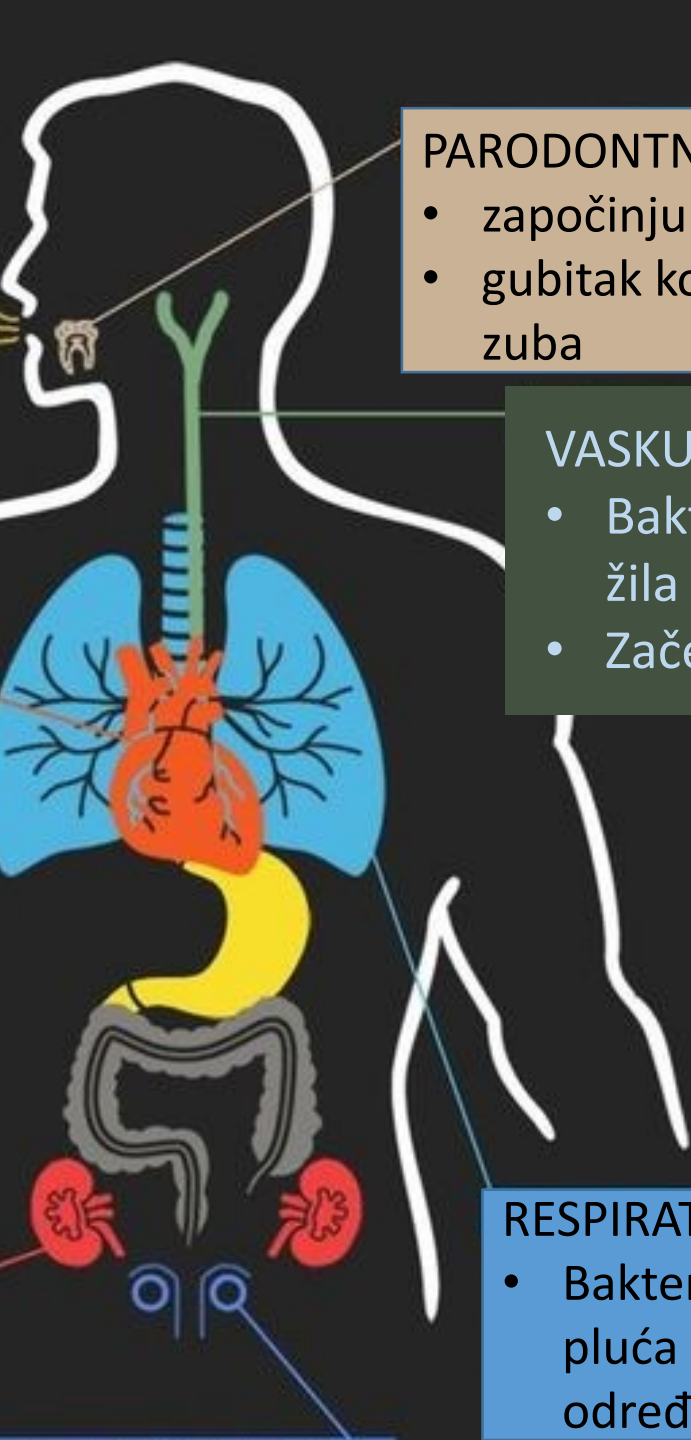


Severe bone loss, deep pockets. Tooth is in danger of falling out.



FOKALNE BOLESTI

ŠTO JE TO?



PARODONTNE BOLESTI

- započinju upalom gingive (crvena i natečena) koja se krene povlačiti
- gubitak kosti oko zuba dovodi do mobilnosti i eventualnog gubitka zuba

VASKULARNE BOLESTI – ATEROSKLEROZA

- Bakterije iz usne šupljine mogu dovesti do začepljenja krvnih žila
- Začepljenje karotidne arterije može uzrokovati moždani udar

RESPIRATORNE BOLESTI

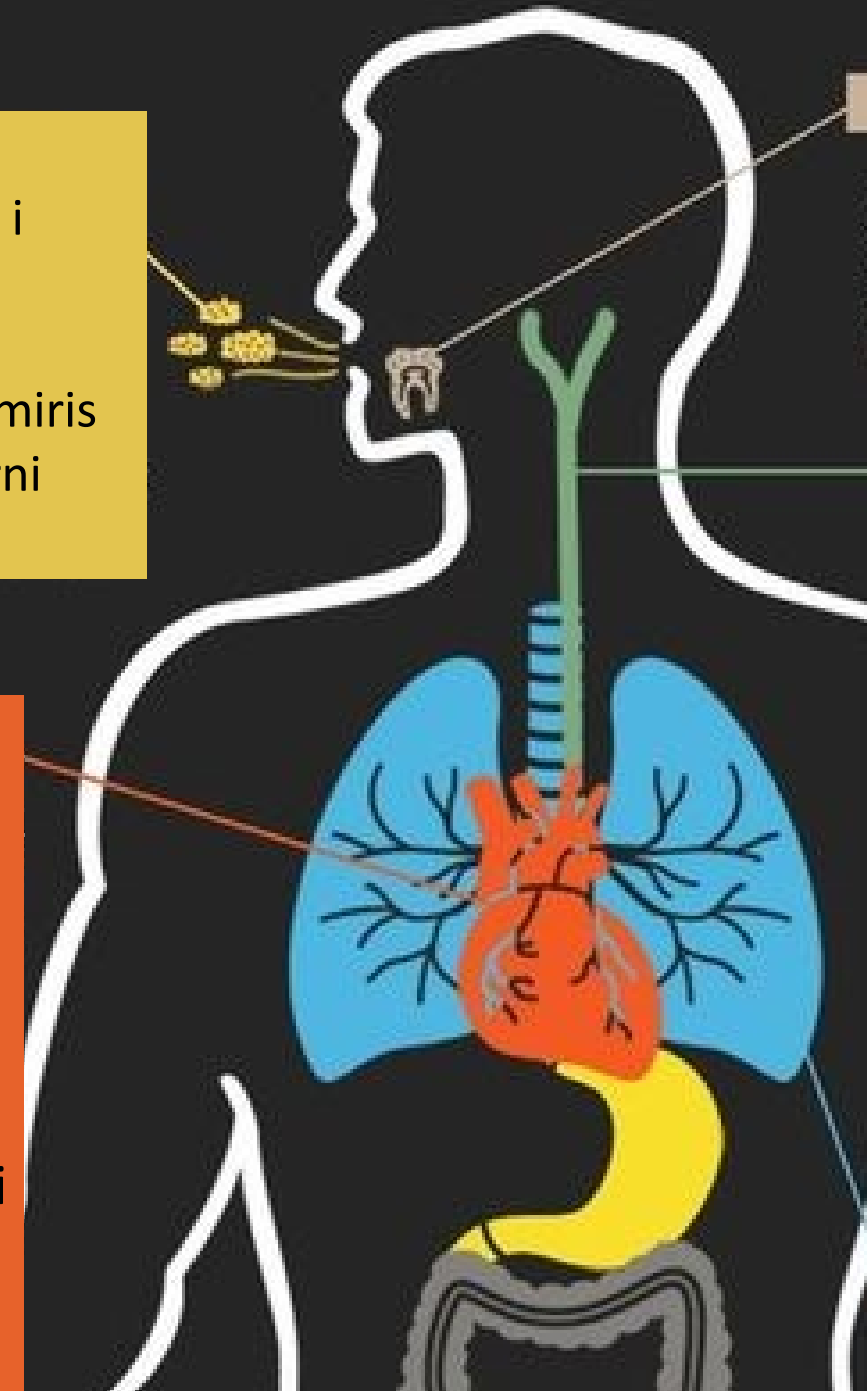
- Bakterije koje uzrokuju parodontitis mogu putovati krvotokom do pluća i pogoršati stanje dišnog sustava kod bolesnika koji imaju određene respiratorne bolesti

HALITOZA

- Male čestice hrane zalijepljene između zubi potiču skupljanje bakterija i ispuštanje kemikalija što može rezultirati neugodnim zadahom.
- Kod nekoliko sistemskih bolesti se stvaraju hlapljive tvari koje se mogu osjetiti u dahu. Kod dijabetičke ketoacidoze se stvara slatkasti ili voćni miris acetona; kod zatajenja jetre se stvara »mišji« ili ponekad jedva sumporni miris, a zatajenje bubrega stvara miris mokraće ili amonijaka.

BOLESTI SRCA

- Osobe s parodontnim bolestima imaju dvostruko veću vjerojatnost za razvoj bolesti srca zbog prodora bakterija u krvotok i njihovog širenja
- Bolesti srca i krvnih žila mogu se pokazati i na sluznici usne šupljine - sluznica je blijeda i osjetljiva na infekcije i ozljede, te mogu biti prisutne bol i pečenje sluznice



DIJABETES

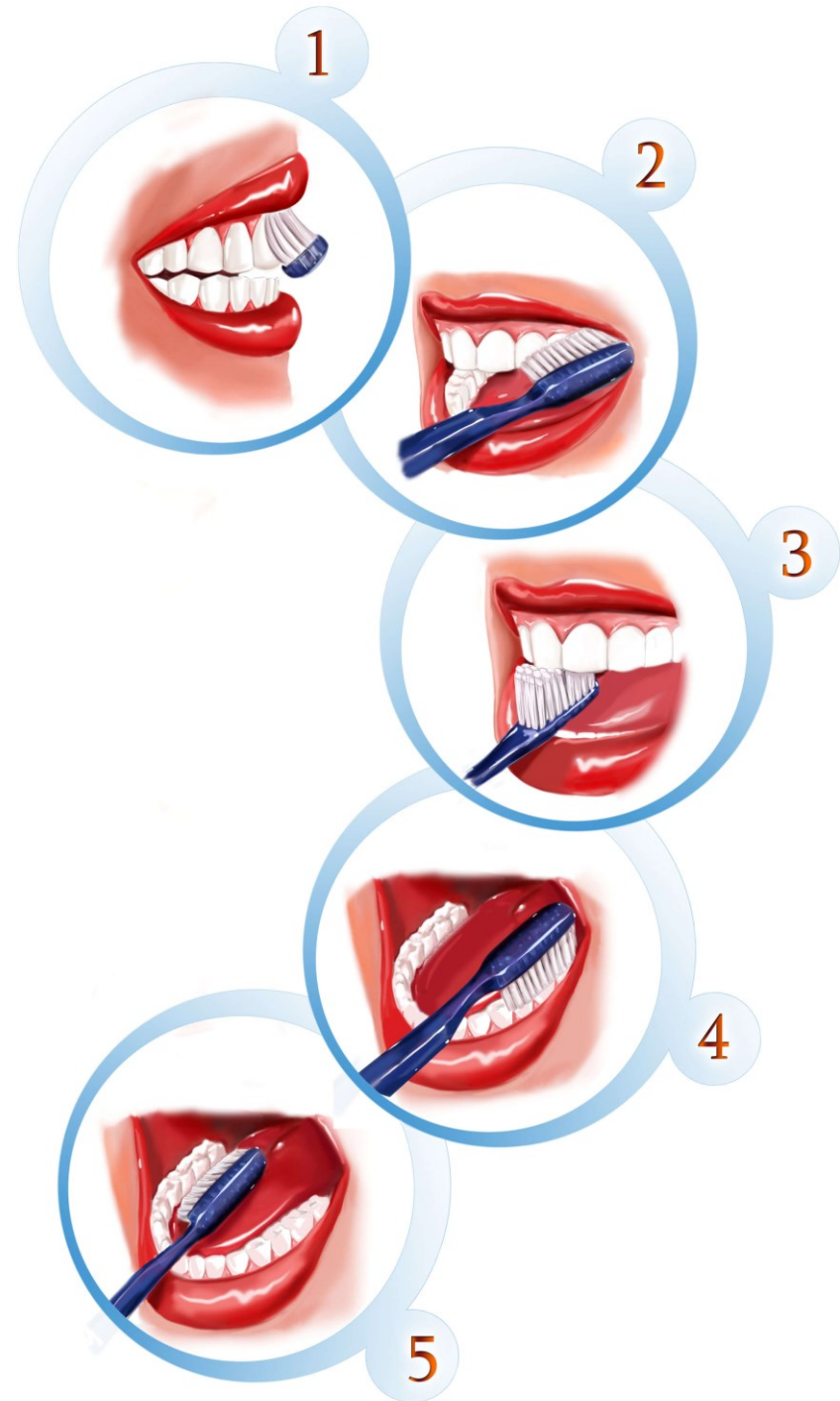
- Jedan od prvih simptoma dijabetesa na oralnoj sluznici je kserostomija (suha usta), a nju prate promjena ili gubitak osjeta okusa i „pečenje usta”
- 1/3 dijabetičara imaju uznapredovalu parodontnu bolest koja je dovela do gubitka zuba



TERAPIJA I PREVENCIJA =
DOBRA ORALNA HIGIJENA

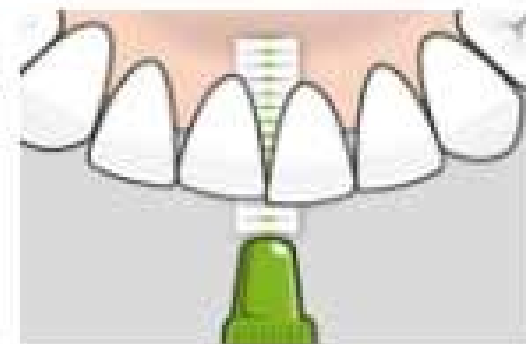
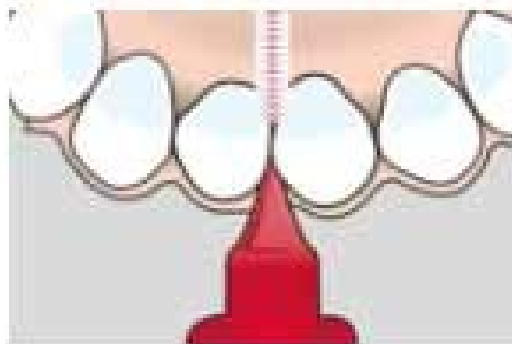


Oral Hygiene

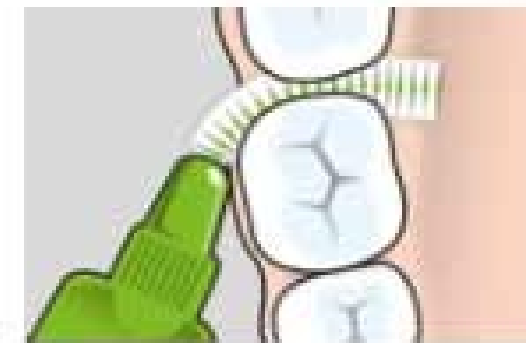
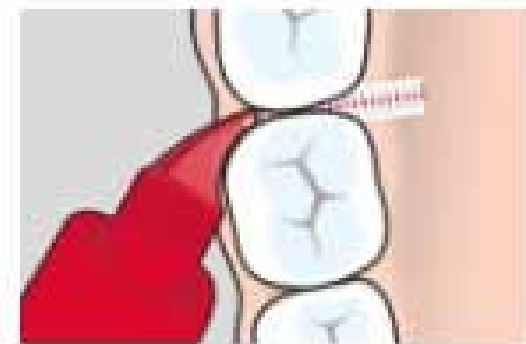


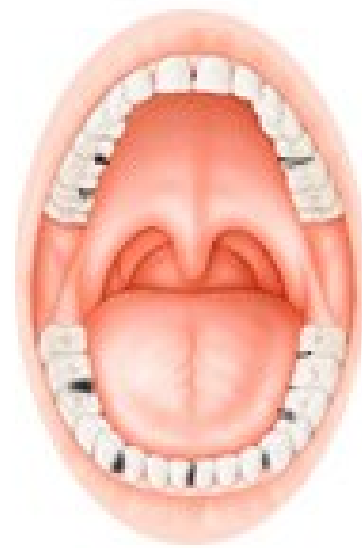


Use between the front teeth



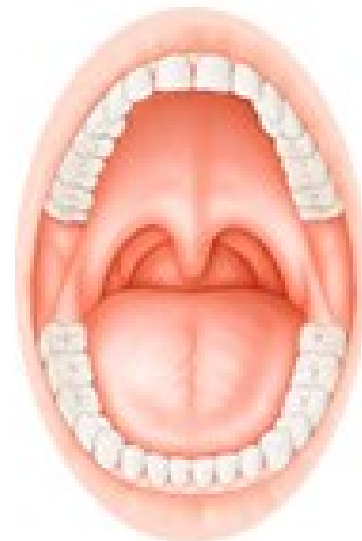
Use between the back teeth





CLEAN
58%

Only Toothbrush



CLEAN
95%

Toothbrush + Interdental Brush











SVJETSKI DAN
ORALNOG ZDRAVLJA

20. OŽUJKA



BRUSH & **KEEP BACTERIA**
TWICE A DAY **AWAY**